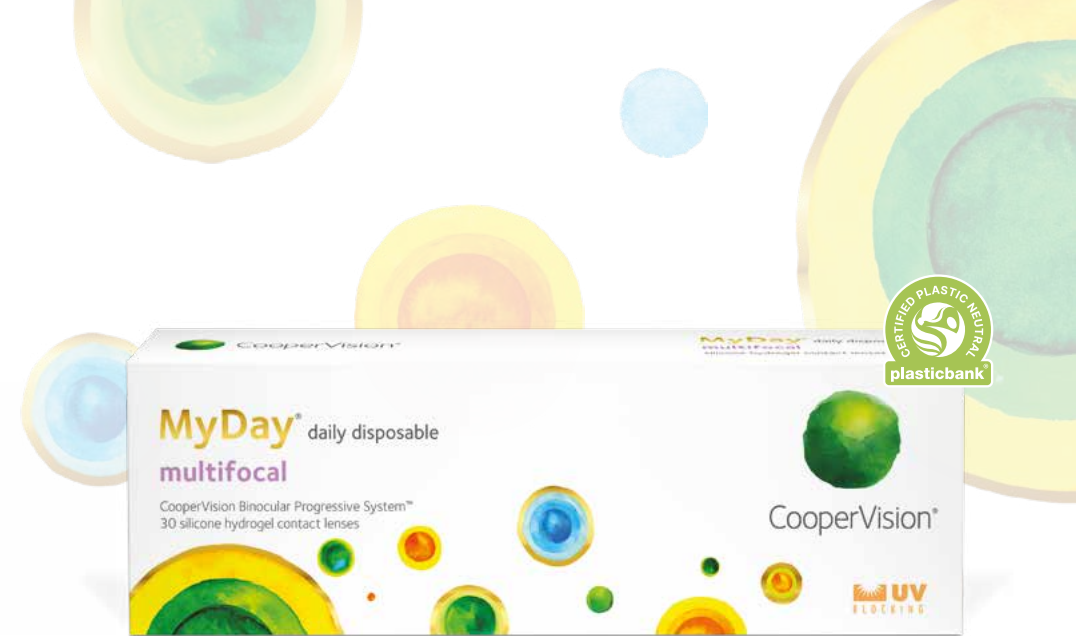


# MyDay® multifocal fitting guide

Featuring the CooperVision® Binocular Progressive System™ and Aquaform Technology®

- Easy to fit, easy to establish, easy to manage.<sup>1,2</sup>
- 98% of patients successfully fitted with two pairs of lenses or fewer.<sup>2</sup>
- 83% of patients successfully fitted with the first pair of lenses.<sup>1</sup>
- Aquaform Technology® for incredible all-day comfort.<sup>1,2</sup>



## Initial lens selection

- Step 1** – Using up-to-date spectacle prescription, determine ocular dominance using the **+1.00D blur** method.
- Step 2** – Determine spherical equivalent distance power (corrected for vertex distance).
- Step 3** – Select distance sphere power for each eye with ADD powers as indicated below.

FITTING GUIDE		
Spectacle Rx	Dominant Eye	Non-Dominant Eye
ADD	DESIGN	DESIGN
+0.75 to +1.25D	LOW	LOW
+1.50 to +1.75D	LOW	MED
+2.00 to +2.50D	LOW	HIGH

## Vision assessment

- For best results, allow wearer to experience vision outside the testing room for 10-15 minutes.
- Check vision with both eyes open and room lights on.
  - For **distance vision**, assess in surrounding environment under normal lighting conditions.
  - For **near vision**, assess using a mobile phone or other reading material.
- If vision acceptable, dispense trial lenses.
- If vision not acceptable, follow the lens optimisation steps described to the right.

## Lens optimisation



Have patient keep both eyes open and optimise using handheld lenses or a flipper. **DO NOT USE A PHOROPTER.**

**DO NOT CHANGE ADD POWER.**

DISTANCE VISION ENHANCEMENT	
	For Dominant Eye
Adjustment Steps	±0.25D

NEAR VISION ENHANCEMENT	
	For Non-Dominant Eye
Adjustment Steps	±0.25D

<sup>1</sup>. CVI data on file 2021. Prospective, subject-masked, randomised, bilateral, two-week dispensing study at five US sites with MyDay® multifocal; n=58 habitual multifocal contact lens wearers. <sup>2</sup>. CVI data on file 2020. Prospective, double-masked, bilateral, one-week dispensing study UK with MyDay® multifocal; n=104 habitual multifocal contact lens wearers.



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OptiExpert™ is available for mobile and tablet devices or as a web app





Visit [www.coopervision.co.uk/optiexpert](http://www.coopervision.co.uk/optiexpert)

## Benefits

- Easy to fit, easy to establish, easy to optimise.<sup>1,2</sup>
- Unsurpassed vision at all distances compared to other leading one-day multifocal contact lenses.<sup>1,2</sup>
- Unsurpassed comfort compared to other leading one-day multifocal contact lenses.<sup>1,2</sup>
- The greatest parameter range of any one-day multifocal contact lens.<sup>3</sup>
- UV-blocking.\*
- Good handling.

## Product specifications

Material	Stenfilcon A
Water content	54%
Base curve	8.4mm
Diameter	14.2mm
Centre thickness (@ -3.00DS)	0.08mm
Dk/t (@ -3.00DS)	100
Modulus	0.4 MPa
UV Blocker*	Yes
Power range	+8.00 to -10.00DS (0.25D steps) -10.50 to -12.00DS (0.50D steps)
ADD powers	LOW (+0.75 to +1.25D) MID (+1.50 to +1.75D) HIGH (+2.00 to +2.50D)
Multifocal design	Centre Near

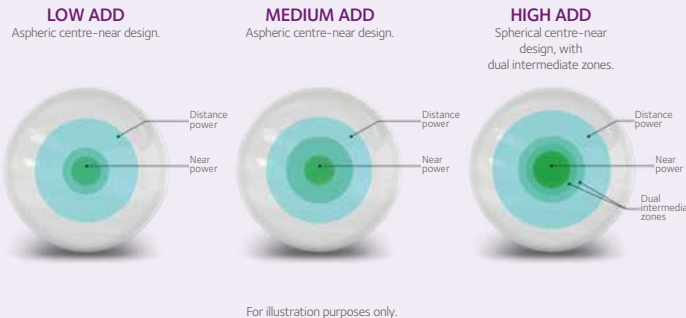
## Clinical tips



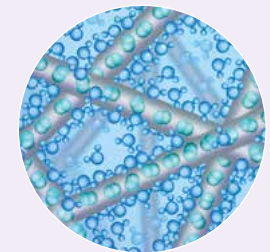
- Prescribe maximum plus power for binocular distance vision. **DO NOT OVER MINUS.**
- Use loose handheld lenses or flipper for over-refractions. **DO NOT USE A PHOROPTER.**
  - If distance vision needs to be enhanced, offer  $\pm 0.25D$  to the dominant eye. If distance vision improves, check that near vision is maintained. Adjust the lens sphere power as applicable for the dominant eye. **DO NOT CHANGE ADD POWER.**
  - If near vision needs to be enhanced, offer  $\pm 0.25D$  to the non-dominant eye. If near vision improves, check that distance vision is maintained. Adjust the lens sphere power as applicable for the non-dominant eye. **DO NOT CHANGE ADD POWER.**
  - In some instances a refinement to the contralateral eye may improve distance/near vision.

## CooperVision® Binocular Progressive System™

The Binocular Progressive System™ is designed to help presbyopes achieve the vision experience they once had. It offers presbyopes optimal visual acuity at all distances,<sup>2</sup> even as their prescriptions and vision needs change.



## Aquaform® Technology



Creates an optimised balance of high oxygen permeability, good water content and optimum modulus to provide increased breathability and moisture in a soft, flexible lens.

\*Warning: UV-absorbing contact lenses are not substitutes for protective UV-absorbing eyewear, such as UV absorbing goggles or sunglasses, because they do not completely cover the eye and surrounding area. Patients should continue to use UV-absorbing eyewear as directed. 1. CVI data on file 2021. Prospective, subject-masked, randomised, bilateral, two-week dispensing study at five US sites with MyDay® multifocal; n=58 habitual multifocal contact lens wearers. 2. CVI data on file 2020. Prospective, double-masked, bilateral, one-week dispensing study UK with MyDay® multifocal; n=104 habitual multifocal contact lens wearers. 3. CVI data on file 2020. MyDay® multifocal spherical power range +8.00 to -12.00DS. Based on Rx option combinations (sph & add) available across all one day soft contact lenses in multifocal from four main manufacturers in UK, France, Germany and Italy Oct 2020. Cosmetic and photochromatic contact lenses not included. Multiple base curve variants not included.