

THIS LEAFLET CONTAINS IMPORTANT PRODUCT USE AND SAFETY INFORMATION. PLEASE READ CAREFULLY AND RETAIN FOR FUTURE REFERENCE. CONTACT LENSES SHOULD ALWAYS BE FITTED BY AN EYE CARE PRACTITIONER (ECP) AND IT'S ESSENTIAL YOU FOLLOW THEIR ADVICE. YOU SHOULD ALWAYS FOLLOW THE ECP'S INSTRUCTION ON LENSES AND CARE PRODUCTS

Instructions for CooperVision Rigid Gas Permeable (RGP) contact lenses

For the correction of Ametropia and Myopia control

Each lens is packaged in a flat case equipped with a tamper proof seal. Always check this seal to ensure it has not been damaged in any way.

Handling your lenses

Before handling your lenses, wash your hands carefully with anti-bacterial soap, making sure you wash the finger tips, then rinse them thoroughly with water. Wipe them with a clean towel which does not leave any fibers on your fingers.

Handle your lenses over a clean and unobstructed area; just in case one of them slips (sit down at a table where your mirror is laid flat).

When handling your lenses always start with the same one (start with the right eye for example).

Do all necessary handling /removing of one eye before starting the other one.

Recommended wearing times

If you are wearing RGP's for the first time, check with your eye care professional (ECP) how they wish you to build up your wearing times.

These lenses are designed for a daily wear. Do not wear the lenses whilst sleeping unless advised to by your ECP.

Lens Insertion (Fig 1)

Using the middle finger hold your lower lid down. With the Index finger of the other hand, raise the

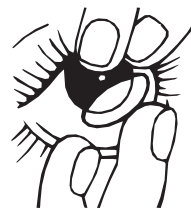


Fig. 1

upper lid. Place the RGP lens onto the centre of the eye. Gently release the lids and blink. The lens will centre automatically. Try to keep the chin up and look down, this will make the lens a little more comfortable.

Lens recentering

Occasionally the lens finds its way on to the white of the eye (Sclera). First establish where the lens is, then with careful manipulating of the lids reposition the lens back on to the cornea.

Lens Removal

Wash your hands thoroughly before removing your lenses. For your left eye, place the forefinger of your left hand at the corner of your eye. Place your right hand below the eye ready to catch the lens. Stare hard at your right hand and with your left forefinger pull the eyelid towards your ear then blink. The lens should just pop out of your eye.

DON'T FORGET

- Visit your eye-care professional regularly.
- Wash your lens case frequently with soap.
- Replace your lenses at the end of the period recommended by your eye-care professional.
- Do not sleep with your lenses.
- These lenses are not for continuous use.

CONTRAINDICATIONS

Do not use your lenses in the following cases:

- Active disease of the anterior eye segment
- Basal membrane dystrophy
- Dry Eye
- Corneal hypersensitivity
- Use of medication that may interfere with the use of contact lenses; consult your eye-care professional.
- Consult your eye-care professional after a surgical operation.

POSSIBLE PROBLEMS

- Burning, stinging, tearing
- Feeling that something is in the eye, such as foreign body.
- Excessive tearing
- Redness of the eye.
- Photophobia.
- Blurred vision, rainbows, or halos
- Dry eyes.
- Any sense of discomfort.
- Reduced sharpness of vision (poor visual acuity).

If any of these symptoms appear, please remove your lenses, clean them carefully and examine the lens closely.

If the lens is damaged, DO NOT put the lens back on the eye. Place the lens in the storage case and contact your eye-care professional.

If the lens is good condition, after cleaning, put on a few drops of solution. If the problems persist, remove the lenses and consult to your eye-care professional.

CARING FOR YOUR LENSES

Your eye care professional will recommend the appropriate lens care system for you and your lenses. Always use the eye care system recommended by your eye care professional. Always follow the instructions supplied with the product carefully. This will encourage the destruction of harmful microorganisms and reduce the risk of infection.

Manufacturer: CooperVision,
Hamble, SO31 4RF,
UK

CE
0088

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Issue: A
LRQA CE mark certification since October 2005



LF0212A RPG IFU

Unfolded size: 148mm x 210mm

Folded size: 148mm x 105mm

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